



## What is T1L1?

- *Teach One to Lead One*® (T1L1) is a **14 week** community-based mentoring program that partners with schools in their pre-existing character initiatives.
- A team of adult mentors volunteer **once a week** to come into a class to lead the program. (We generally have a **4:1 student:adult** ratio). Our program is designed for 90 minutes, but is adjustable to be **specific to each school** (usually a class period of about 50 minutes). T1L1 works alongside transitional classes, guided skills classes, support classes, or any class that is designed for the students who are at-risk or may be failing. We also have partnered with schools where certain students are pulled out of class to attend T1L1.
- T1L1 teaches **universal ethical principles** in the context of positive relationships to help build healthy **habits and character**. These principles that are true for anyone, anywhere, at anytime are the following: **Respect, Integrity, Self-Control, Courage, Excellence, Compassion, Humility, Teamwork, Enthusiasm, and Honor**.
- The T1L1 program is FUN! We play **games**, show **video clips**, lead student **role plays**, and engage in large group and **small group discussions**. Each student also has a **field guide journal** to write in as they work through the program.
- T1L1 students participate in a **community service project** as they "try on" these principles. At the end of the program, we have a **graduation** ceremony where the students are celebrated and given a **certificate** showing that they have completed a character development and leadership program.
- We track the progress of the students by giving anonymous **pre/post-assessments** at the beginning and end of the program.
- The all-in cost to mentor one student is \$125.